Text

Description automatically generatedTable

Description automatically generatedGraphical user interface, application

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Description automatically generated with medium confidenceA picture containing application

Description automatically generatedTable

Description automatically generated with medium confidence Importance Ranking

Reasons:

Very important for catchup meetings and would save time

Reasons:

Extremely important for a clients progression

Reasons:

Said he would just remember each client himself

Reasons:

Important for the function of the app

Reasons:

Would look at them all the time

Reasons:

More so for the clients motivation

**5/ 5**

**5/ 5**

**2/ 5**

**4/ 5**

**3/ 5**

**3/ 5**

**Thoughts on new Client Catchup and Client Manage (01/03/2022)**

Catchup Notes Feature. Type notes during catchup and they appear on manage page. Thoughts?

Liked the idea of different screens.

Less cluttered

Thoughts on progression graph for client’s weight?

Liked the graph idea.

Thought this was the only visual he would what to see. No need for any additional progression features.

Any more features you feel could be used to motivate clients?

Notifications to see the trainer has updated workouts and stuff

Liked the social / friends idea

Strava app

CrossFit gym style feels – seeing who’s working harder in group settings

Rewards for using the app, you’ve used the app for 10 consecutive days. Well done notifications

What apps do you use for scheduling?

Use different app – hand written notes

Home screen just being able to see the clients – overview

Didn’t like the idea of scheduling on the app.